

sales@healthspanlife.co.za

Building Sustainable Health

www.healthspanlife.com

**WHAT?** Per gram: Saw palm 80; stinging nettle 320; calcium 100; magnesium 100; selenium 0.15  
Made in RSA to Good Manufacturing Practice.  
Expiry 2 years from date on tub.

*Doesnt diagnose or treat illness.*

*Please inform your doctor. Keep out of reach of children.*

Store sealed in a cool dry place. Stir & shake regularly



**FOR-PROSTATE BLEND**

Designed by medical specialists.  
**Complete 3 phase**  
multi nutrient pack.

Vegetarian Powder Blend  
60gm=80ml  
*Boosts your body*

DOSE: ½ to 2ml scoop 2x/day in water.  
Herbal remedy to slow urine flow in men- once cancer has been excluded. Consult doctor if problem is bad or does not improve.  
Vegetarian food supplements. Ideally take with

AntiAging Blend	2.8 gm 2x/d
Enhanced Vitamin C	1 (to 3) gm 2x/d
Fish oil caps	2 to 3gm 2x/d

HealthSpan Life! Pty Ltd.  
P O Box 2682 Clareinch 7740 South Africa  
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**Powder blend:** per gm: Biotin 0.5; milk thistle 100;vit C 60; calmag 400; DMEA 50; melatonin 0.08; Enhanced vit BCo 100; comtarch 240mg; MCT 10mg; b-carotene 1600iu; & vit D 300iu.  
Made in RSA to Good Manufacturing Practice.  
Expiry 2 years from date on tub.

*Doesnt diagnose or treat illness. Please inform your doctor. Keep out of reach of children.*

*Supplements aim to correct the nutritional deficiency disorders / imbalances of all disease & treatment.*

Store sealed in a cool dry place. Stir & shake regularly



**FOR-SKIN/HAIR/NAILS BLEND**

Designed by medical specialists.  
**Complete 3 phase**  
multi nutrient pack.

Vegetarian Powder Blend  
60gm=100ml  
*Boosts your body*

DOSE: 1/4 to 1 flat tsp twice a day in water/juice.  
Vegetarian food supplements. Ideally take with

AntiAging Blend	1 to 3 gms 2x/d
Enhanced Vitamin C	1 to 3 gms 2x/d
Fish oil caps	1 to 3 gms 2x/d

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Content (mg / gm): Arginine 400; camitine 200; ginseng 100; carnosine 5; rbose 50;Co-Q10 5 mg.GABA 50, Mag Ox 100.  
Nitric oxide donor - may improve fatigue, strength, circulation, liver, muscle, erection, angina, heartfailure, & interstitial cystitis.  
For-Uplift: lowers hyperglycemia. Overdose may cause hypoglycemia. Diabetes, heart & gout sufferers may be able to reduce other therapy. Expiry 2 years from date on tub.

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**FOR-UPLIFT**

Designed by medical specialists.  
**Complete 3 phase**  
multi nutrient pack.

Vegetarian Powder Blend  
60gm=100ml  
*Boosts your body*

**What ?** Natural energiser.  
DOSE: Start ½ of ml scoop 2x/ day in liquid/on food- can increase up to 3ml 2x/day till better, then halve the dose.  
*Reduce or stop briefly if symptoms -dizzy, diarrhoea etc-& resume at lower dose.*  
Ideally take with

AntiAging Blend	2.8 gm 2x/d
Enhanced Vitamin C	1 (to 3) gm 2x/d
Fish oil caps	2gm 2x/d

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