

sales@healthspanlife.co.za

Building Sustainable Health

www.healthspanlife.com

Contents mg per gm - Active Contents granulated in 5.6gm a day. Flavours: cinnamon 100mg, naartjie, garlic, ginseng 25m, flaxseed oil 60mg; vits: b-carotene 2000iu; D3 600iu; B1, B5 & B6 each 25mg, B2 10mg, biotin 20mcg; B12 50mcg; folic acid 0.8mg; C 300mg; E 100iu; Minerals: Bo 0.5;Ca 600, Cr 0.2, Iodide 0.8mg; Mg 450, Mn 0.04, Mo 0.01, K 400, Se 0.04; Va 0.02 & Zn 10mg; Conditioned essentials: lipoic acid, arginine, Lcarnitine, bioflavinoid, choline, inositol, milk thistle, taurine each 25mg; creatine 100mg, glutathion 6mg, CoQ10, 5HTP, carnosine, lutein-1mg; zeaxanthine 0.08mg; herbs milk thistle, gymnema & ginger ea 25mg; bilberry 10mg, ginseng 4m; rutin. Made in RSA to Good Manufacturing Practice. Expiry 2 years from date on tub.

Doesnt diagnose or treat illness
Please inform your doctor. Keep out of reach of children.

Store sealed in a cool dry place. Stir & shake regularly
Vegetarian food supplements.



Designed by medical specialists.



Complete 3 phase multi nutrient pack.

Vegetarian Powder Blend
86gm=100ml
Boosts your body

DOSE: Adults, over 12yrs: 1ml scoop 2x/day on food or liquid. Can be increased gradually to maximum 1 tsp 2x/day, or tolerance (diarrhoea). Children half dose. Use product fresh. Always show to your caregiver, consult especially if pregnant, any serious illness, or child below 6yrs. Ideally take with 1 usual tsp = 4 x 1ml scoops = 1/2 desertspoon.

Enhanced Vitamin C 1 (to 3) gm 2x/d
Fish oil caps 2gm 2x/d

For complete All -Age health - fights all illness, helps improve learning, mood, all body systems
HealthSpan Life! Pty Ltd.

P O Box 2682 Clareinch 7740 South Africa
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Supplements aim to correct the nutritional deficiency disorders/ imbalances of all diseases/ aging, and treatment.

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Contents mg per gm - Active Contents: +- 5.5gm/ 16ml /4tsp per day; Vits: b-carotene 2000iu; B3 nicotinamide, B3 niacin, B1, B5 & B6 each 25mg, B2 10mg, biotin 20mcg; folic acid 800mcg; B12 20mcg; C 300mg; D3 600iu; E 100iu; Minerals: Bo 0.5; Ca 600, Cr 0.2, Mg 450, Mn 0.04, Mo 0.01g, K 400, Se 0.04; Va 0.01 & Zn 10mg; Conditioned essentials: alphaipoic acid 10mg, arginine, L carnitine, bioflavinoid, choline, inositol, milk thistle, MSM and taurine each 25mg; creatine & lemon bioflav 40mg, CoQ10 2mg; 5HTP 4mg; lutein 1mg; carnosine 1mg; zeaxanthine 0.15mg; Herbs: gymnema 25mg; bilberry, ginger extr & milk thistle 10mg; & carbonate/ chloride/ citrate & amino-acid chelates. Supplements aim to correct the nutritional deficiency disorders/ imbalances of all diseases/ aging, and treatment.



Designed by medical specialists.



Complete 4 phase multi nutrient pack

Fights against all & age-related illnesses.

Dose: Over 12yrs: 1 teaspoon in water, can increase for best effect up to 2 desert spoons (~ 2.8gm) twice a day. Makes a pleasant milkshake if whisked. Children - half dose. Always take with 2-4gm fish oil and extra Enhanced vit C to tolerance.

1 usual tsp = 4 x 1ml scoops = 1/2 desertspoon. Reduce dose if diarrhoea. Always show to your caregiver, consult if pregnant, or any serious illness, or children below 6yrs. Keep out of reach of children. Use product fresh. Store sealed, below 25°C, away from light & moisture.

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RSA MCC reg 418802. The product conforms to Good Manufacturing, vegan, Kosher & Halaal standards. Contains no aspartame; gluten, sugar, sodium or lactose. 86gm = 300ml AA Blend

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Contents mg per gm - Natural microfood supplement for AUTISM support: Bcarot 800iu vitamin D3 1250iu; and in mg (gm): Anti-Aging blend 100; calmag 60; carnosine 50; zinc 5; 5HTP 25; enhanced vit BCo 200; NAC 25; LGlut 25; glycine 25; TMG 25; pot lod 1; Mn 0.3; MSM 25; polyphenol 25; Se 0.01; vit C 40

Expiry 2 years from date on tub. Vegetarian Powder Blend. Made in RSA to Good Manufacturing Practice. ALWAYS CONSULT WITH AN AUTISM THERAPIST. Please inform your doctor. Keep out of reach of children. Store sealed in a cool dry place. Stir & shake regularly Supplements aim to correct the nutritional deficiency disorders/ imbalances of all diseases/ aging, and treatment.

FOR-AUTISM NUTRITION SUPPORT



60gm=100ml
Boosts your body

Designed by medical specialists.



Complete 3 phase multi nutrient pack.

Dose: 1/2 ml scoop/d - in liquid, build slowly weekly up if needed to 1 teaspoon 2x/day till symptoms better, then take less if diarrhoea, to max 4scoops/d; ideally with HealthSpan 1 usual tsp = 4 x 1ml scoops = 1/2 desertspoon.

AntiAging Blend 2gm/d
Fish/cod-liver oil 2gm 2x/d

Not for pregnancy/breastfeeding.

Reduce dose & take less in morning if drowsy

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Reduces falls and aging fractures

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Contents mg per gm: zinc 5; calcium 130; magnesium 130;vit C 100; creatine 20; boron 0.4;B6 6; vit K1 ,folic 0.2; B12 0.16; zinc 5; 5HTP 0.6; comstarch 230mg; vit D3 5000iu/5gm.12 active ingredients. Optimizes circulation, strength, bones, mood, immunity, bloodpressure at all ages.

Made in RSA to Good Manufacturing Practice. Expiry 2 years from date on tub.

Doesnt diagnose or treat illness. Please inform your doctor. Keep out of reach of children. sales@healthspanlife.co.za Supplements aim to correct the nutritional deficiency disorders/ imbalances of all diseases/ aging, and treatment.

Store sealed in a cool dry place. Stir & shake regularly



Designed by medical specialists.



Complete 3 phase multi nutrient pack.

Vegetarian Powder Blend
150gm=200ml
Boosts your body

DOSE: 1/2tsp in food /juice, increase to maximum 1 mod. heaped tsp 2x/ day as desired /helps; but if needed reduce a bit until you adapt. 1 usual tsp = 4 x 1ml scoops = 1/2 desertspoon. Ideally take with appropriate sex-hormone replacement and

AntiAging Blend 2.8 gm 2x/d
Enhanced Vitamin C 1 (to 3) gm 2x/d
Fish oil caps 1 to 2gm 2x/d

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Nutritional support, building blocks for bones & joints, & peptic-ulcer protection for all arthrits.

Approx contents mg per gm: incl Glucosamine

160 + SHARK Chondroitin 16mg, calcium 70, magnesium 70, Zn 3, proline 20, MSM 25, tumeric 7, cats'claw 3, dandelion 6, bromelain 25, nettle 6, 5HTP 3, GABA 7, guafenes 8, boswelvia 3, all minerals & vits esp vit C 40; nicotinam 35; B5 12; B6 10 mg; vit D3 300iu. Expiry 2 years from date on tub.

Made in RSA to Good Manufacturing Practice.

Doesnt diagnose or treat illness. Please inform your doctor. Keep out of reach of children.

TRIPLE OSTEOPOROSIS - ARTHRITIS BLEND



Designed by medical specialists.



Complete 3 phase multi nutrient pack.

180gm = 225ml
Boosts your body

Store sealed in a cool dry place.

Stir & shake regularly

DOSE: FOR NUTRITION WITH OSTEOPOROSIS, ARTHRITIS: up to 1 heaped tsp 2x/day in water/milk; Ideally take with appropriate HRT. 1 usual tsp = 4 x 1ml scoops = 1/2 desertspoon.

AntiAging Blend 2.8 gm 2x/d
Enhanced Vitamin C 1 (to 3) gm 2x/d
Fish oil caps 2gm 2x/d

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COMBINED JOINTS CG - SEE UNDER JOINTS CG

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Contents mg per gm - Pure mineral supplement: content: calcium 40% carbonate 60%. for treatment of mild diarrhoea.

Expiry 2 years from date on tub. Vegetarian Powder Blend. Blended and packaged by Good Manufacturing Practice in RSA from imported certified ingredients made to USP/BP Standards. If diarrhoea persists, consult a healthworker always tell your doctor. Keep out of reach of children.

it is constipating; excess can cause kidney stones, vascular disease, kidney failure etc.

Store sealed in a cool dry place. Stir & shake regularly

NATURAL CALCARB ANTIDIARRHOEAL



Vegetarian Powder Blend
150g = 175ml
Boosts your body

Designed by medical specialists.



Complete 3 phase multi nutrient pack.

DOSE: 1/2 teasp every few hours till diarrhoea settles. do not use long term, do not exceed 1/2tsp 3 to 4 times a day. 1 usual tsp = 4 x 1ml scoops = 1/2 desertspoon.

For Osteoporosis, use the For-BoneSpan Blend

do not use calcium without magnesia boron zinc manganese; & vits B,C,D,K

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