

28/07

**Reduces falls and aging fractures** *Building Sustainable Health* [www.healthspanlife.com](http://www.healthspanlife.com)

mg per gm: Calcarb 50% Mag ox 50%. For bones; angina; heartburn, cystitis; cramps; arrhythmia; heart-failure; kidney stone; fatigue; hypertension. Made in RSA to Good Manufacturing Practice. Expiry 2 years from date on tub. *Doesnt diagnose or treat illness. Please inform your doctor. Keep out of reach of children.* Store sealed in a cool dry place. Stir & shake regularly. *Supplements aim to correct the nutritional deficiency disorders/ imbalances of all diseases/ aging, and treatment.*

**CALMAG CARBONATE** Vegetarian Powder Blend 100gm=200ml *Boosts your body*

Designed by medical specialists.

**life** Complete 3 phase multi nutrient pack.

DOSE: Take 1 teasp. up to maximum 4 x/day with plenty of water. If problem persists, consult your advisor. *Ideally take with*

AntiAging Blend	2.8 gm 2x/d
Enhanced Vitamin C	1 (to 3) gm 2x/d
Fish/cod-liver oil	2gm 2x/d

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*Supplements aim to correct the nutritional deficiency disorders / imbalances of all disease & treatment.* Contents mg per gm: AntiAging Blend 60; acetylcysteine 30; lipoic acid 30; bioflav 70; bromelain 40; calcium 50; cats' claw 10; CoQ10 4; curcumin 45; dandelion 20; ginger 20; ginseng 55; magnes 20; milkthistle 40; MSM 65; probiotic 25; rhodiola 25; selenium 0.06; shiitake(mushroom) 75; vits B1 2; B6 10; C 90; K 0.25mg; E .12.5iu; D3 1000iu; filler cornstarch 70mg; DIM20. Expiry 2 years from date on tub. Made in RSA to Good Manufacturing Practice. *Doesnt diagnose or treat illness. Consuming the entire contents may cause diarrhoea. Please inform your doctor. Keep out of reach of children.* Store sealed in a cool dry place. Stir & shake regularly

**FOR-CANCER NUTRITIONAL SUPPLEMENT** Vegetarian Powder Blend 60gm = 75ml *Boosts your body*

Designed by medical specialists.

**life** Complete 3 phase multi nutrient pack.

Dose may depend on tolerance: start 1/4tsp / day in liquid/on food – increase (daily) if needed/ tolerated up to 1 tsp 2x/day. Reduce or stop briefly if flushing, drowsy, gastric burn, nausea, diarrhoea etc & resume at lower dose. *Ideally take with*

AntiAging Blend	2.8 gm 2x/d
Enhanced Vitamin C	1 (to 3) gm 2x/d
Fish oil caps	2gm 2x/d

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Contents mg per gm - Active Contents spray-dried (Caffeine free) Chikree chicory root powder (grown in Eastern Cape). Reduces insulin resistance, may aid diabetes control. 4kcal/gm. Glutenfree and lactosefree. Also improves digestion; appetite; reduces internal worms. Store cool dry and tight. Stir and shake regularly. Made in RSA to Good Manufacturing Practice. Expiry 2 years from date on tub. Vegetarian - no flesh products. *Please inform your doctor. Keep out of reach of children.* *Supplements aim to correct the nutritional deficiency disorders/ imbalances of all diseases/ aging, and treatment.*

**CHICORY for** 150gm = 500ml *Boosts your body*

Designed by medical specialists.

**life** Complete 3 phase multi nutrient pack.

DOSE: 1g/1 tsp to 2g/ 2tsp to taste in boiling water, add milk, coffee, sweetener, ie makes about 100 cups. 1 usual tsp = 4 x 1ml scoops = 1/2 desertspoon. Use product fresh. *Ideally take with*

AntiAging Blend	5 gm / d
Enhanced Vitamin C	to tolerance eg 3g/d
Fish/cod-liver oil	1 tsp=4g/d

**Powder Blend. Doesnt diagnose or treat illness.** HealthSpan Life! Pty Ltd. Ph 0741Lifespan  
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Shark CHONDROITIN nutritional support to rebuild joint cartilage, perhaps avoid back surgery or joint replacement. Contents mg per gm: Chondroitin 260, vit C 60; calmag 680. Reduce dose if heatburn or diarrhoea. **Powder Blend.** Expiry 2 years from date on tub. Made in RSA to Good Manufacturing Practice. **60gm=80ml** *Boosts your body* *Doesnt diagnose or treat illness. Please inform your doctor. Keep out of reach of children.* Store sealed in a cool dry place. Stir & shake regularly

**SHARK CHONDROITIN 26% For-Joints** 60gm=80ml *Boosts your body*

Designed by medical specialists.

**life** Complete 3 phase multi nutrient pack.

DOSE: Start with 1/2ml twice/day, can go up to a heaped ml or 1/2 tsp 2x/day. 1 usual tsp = 4 x 1ml scoops = 1/2 desertspoon. *Ideally take (in water/juice) as a drink with For-Joints, Glucosamine and*

AntiAging Blend	2.8 gm 2x/d
Enhanced Vitamin C	1 (to 3) gm 2x/d
Fish/cod-liver oil	2 to 3gm 2x/d

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Contents mg per gm: CoQ10 50mg (in calcium carb 475mg, magnes oxide 475mg) - a fat-soluble vitamin-like potent antioxidant biological made from tyrosine in every cell membrane supplying 95% of all energy (ATP). Hence organs with highest energy requirements – heart/other muscle, lungs, liver – have highest CoQ10 - but levels fall after age 20yrs. Made in RSA to Good Manufacturing Practice. Expiry 2 years from date on tub. Toxicity: none. *Please inform your doctor. Keep out of reach of children.* Store sealed in a cool dry place. Stir & shake regularly

**CRUCIAL CoQ10 UBIQUINONE 5%** Vegetarian Powder Blend 60gm=67ml *Boosts your body*

Designed by medical specialists.

**life** Complete 3 phase multi nutrient pack.

Source: Made from bacterial fermentation. 1 usual tsp = 4 x 1ml scoops = 1/2 desertspoon. DOSE: 1 to 2ml scoop 2x/day *Ideally take with*

AntiAging Blend	2.8 gm 2x/d
Enhanced Vitamin C	1 (to 3) gm 2x/d
Fish oil caps	2 to 3gm 2x/d

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Contents mg per gm: Ca EDTA 200; MSM 100; N acetyl Cysteine 40; lipoic A 20; magnes 40; Vit C 80; bromelain pineapple 60; carnitin 25; milkthistle 10; ZincOx 8; malic acid 80; selenium 0.04; pot iod 0.05mg; garlic 5; E 20iu. Natural food supplement for chelating, removing- heavy metals eg lead, mercury, iron, Cu, Mn, Zn, Al, Cd, Cr, Cu, Co under medical supervision & tests of metal levels. Indications: support of possible vascular/ brain overload neurotoxic problems. Expiry 2 years from date on tub. Made in RSA to Good Manufacturing Practice. *Doesnt diagnose or treat toxicity illness. Please inform your doctor. Keep out of reach of children.* Store sealed in a cool dry place. Stir & shake regularly

**FOR-ORAL DETOX CHELATION** Vegetarian Powder Blend 60gm=80ml *Boosts your body*

Designed by medical specialists.

**life** Complete 3 phase multi nutrient pack.

Dose: ½ ml scoop, build slowly up to 4ml/ 2x/day- if tolerated, in liquid, drink 2 litres water a day. 1 usual tsp = 4 x 1ml scoops = 1/2 desertspoon. *Reduce dose if drowsiness/nausea.* Vegetarian food supplements. *Ideally take with*

AntiAging Blend	2.8 gm 2x/d
Enhanced Vitamin C	1 (to 3) gm 2x/d
Fish/cod-liver oil	2gm 2x/d

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