

FOR-SLEEP/MOOD/WEIGHT SUPPORT - SEE UNDER SLEEP

sales@healthspanlife.co.za **Building Sustainable Health** www.healthspanlife.com

Contents mg per gm. Micro food Sulphur supplement. For building cartilage, tendon, ligament. Useful for aging joints, allergic rhinitis. **Boosts your body** Made in RSA to Good Manufacturing Practice. Expiry 2 years from date on tub. PURE 100% **Doesnt diagnose or treat illness.** Please inform your doctor. Keep out of reach of children.

Vegetarian Powder Blend 60gm=80ml

METHYLSULPHONYL METHANE

Store sealed in a cool dry place. Stir & shake regularly

DOSE: 1/2ml to 4ml twice/day. Ideally take with

Designed by medical specialists.

Complete 3 phase multi nutrient pack.

AntiAging Blend	2.8 gm 2x/d
Enhanced Vitamin C	1 (to 3) gm 2x/d
Fish oil caps	2gm 2x/d

Little adverse effects: Nausea, diarrhea, headache.

HealthSpan Life! Pty Ltd.
P O Box 2682 Clareinch 7740 South Africa
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Supplements aim to correct the nutritional deficiency disorders/ imbalances of all diseases/ aging, and treatment

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Micro food supplement. Content mg per ml: AntiAging Blend 80, 5HTP 25, GABA, glutamine 50, Arginine, carnitine, NACysteine, bioflav, choline 40, Vit B3 niacin 20, B1, B3 niacinamide, B5, B6, B8, 50, B2 4, B7, B9 0.4, B12 0.3, vit C 50, vit D3 500iu, alphaipoic 80mg, calmag 40, zinc 10. May improve peripheral neuropathy, mood, muscle strength, memory & fatigue, circulation. Will improve heart & sugar control. Expiry 2 years from date on tub. Made in RSA to Good Manufacturing Practice. **Doesnt diagnose or treat illness.** Please inform your doctor. Keep out of reach of children. Store sealed in a cool dry place. Stir & shake regularly

ENHANCED VITAMIN BCO FOR NEURITIS

Vegetarian Powder Blend 60gm=90ml

Boosts your body

Designed by medical specialists.

Complete 3 phase multi nutrient pack.

Dose: Dose: ¼ to 1 tsp (1 to 4 x 1ml scoop) twice/day
Vegetarian food supplements. Ideally take with

AntiAging Blend	2.8 gm 2x/d
Enhanced Vitamin C	1 (to 3) gm 2x/d
Fish oil caps	2gm 2x/d

Will improve heart & diabetes control. Use cautiously with Prozac-like drugs.

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FOR-SKIN/HAIR/NAILS BLEND - SEE UNDER SKIN

VITAMIN B3 NIACIN - SEE UNDER VITAMIN SECTION

VITAMIN B3 NICOTINAMIDE - SEE UNDER VITAMIN SECTION

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Content mg/gm: 5HTP 10; NACysteine 40; CalCarb 180; chromium 0.5; cinnamon 40; CoQ10 1; coleus 80; curcumin 30;dandelion 20; EDTA20; fenugreek 40; GABA 25; glutamine 75; gymnema 50; magox 100; LRibose 40; taurine 75; vanad 0.5; VITS B7, B9 0.1; B12 0.05; Vit C 80; K 0.5; D3 2.5iu; Zinc 5mg. May lower body fat by 8%, improve psoriasis, heart, bloodpressure, glucose-hunger control, clotting, glaucoma, allergy; & increase cAMP digestion, thyroid, alertnes, immunity; and allow reduction of prescribed drugs. Expiry 2 years from date on tub. Beware of hypoglycemia. Made in RSA to Good Manufacturing Practice. **Doesnt diagnose or treat illness. Avoid all sugar, cooked fats.** Please inform your doctor. Keep out of reach of children.

FOR-OBESITY

Vegetarian Powder Blend 60gm=90ml

Boosts your body

Designed by medical specialists.

Complete 3 phase multi nutrient pack.

DOSE: 1/2ml 2x/d up to maximum 1tsp 2x/d-in liquid; drink 2 litres water/day. Watch blood sugar in diabetics. Not for pregnancy/ breastfeeding. Ideally take with: For-Sleep-Mood Blend & For Heart, Memory, weight-sugar control blend and

AntiAging Blend	2.8gm 2x/d
Enhanced Vitamin C	1 (to 3) gm 2x/d
Fish oil caps	2gm 2x/d

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Content (mg / gm): AntiAging 40; 5HTP 2; boswellia 20; bromelain 70; CalCarb 140; cats claw 50; curcumin 20; dandelion 35; GABA 10; MagCarb 90; MSM 90; nettle r 35; proline 40; B3 Nicotinamide 120; B5 pantothenate 70; B6 pyridox 40; vitamin C 80; Vit E 25iu; MCT 10; boron 0.5; Mn 1.6. Blended and packaged by Good Manufacturing Practice in RSA from imported certified ingredients made to USP/BP Standards. Expiry 2 years from date on tub. May reduce need for painkiller/ prescription drugs. **Doesnt diagnose or treat illness.** Please inform your doctor. Keep out of reach of children. Supplements aim to correct the nutritional deficiency disorders/ imbalances of all diseases/ aging, and treatment. Store sealed in a cool dry place. Stir & shake regularly

FOR-PAIN/ JOINTSPAN BLEND

Powder Blend 60gm=90ml

Boosts your body

Designed by medical specialists.

Complete 3 phase multi nutrient pack.

What for? Natural anti-inflammatories relieve pain, fever, joints, muscles. Dose: Start ½ ml scoop 2x/dayin liquid - increase (daily) if needed/ tolerated up to 7ml (ie. 2tsp) 2x/day, till improving, then halve dose. 1 usual tsp = 4 x 1ml scoops = 1/2 desertspspoon. Ideally take with LIFE! glucosamine ± chondroitin powders and

AntiAging Blend	2.8 gm 2x/d
Enhanced Vitamin C	1 (to 3) gm 2x/d
Fish/cod-liver oil	4 to 6g/d

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Stop briefly if gastric burn, nausea, diarrhoea, flush etc & resume at lower dose.

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WHAT? Natural Vegan supplement against anxiety, insomnia, depression, restlessness, confused though

Content (mg / gm): AntiAging Blend 200; 5HTP 10; calcium 60; chrom pico 0.3; GABA 50; ginkgo 30; huperzine A 0.02; inositol 200; vits B1 10; niacin 20; B6 50; folic 0.1; B12 0.1; magnes 60; phosphaserine 5; Lithium 1. **Powder Blend.** **Doesnt diagnose or treat illness.** Made in RSA to Good Manufacturing Practice. Expiry 2 years from date on tub. Please inform your doctor. May reduce need for psychiatric drugs. Keep out of reach of children. Supplements aim to correct the nutritional deficiency disorders/ imbalances of all diseases/ aging, and treatment

HS FOR PEACE-OF-MIND

60gm=90ml

Boosts your body

Designed by medical specialists.

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Dose - start 1/2ml scoop 2x/day in liquid/on food - increase(daily) if needed/ tolerated up to 4ml/2tsp 2x/day, till improving, then halve dose. 1 usual tsp = 4 x 1ml scoops = 1/2 desertspspoon. Take in water with

AntiAging Blend	2.8 gm 2x/d
Enhanced Vitamin C	1 (to 3) gm 2x/d
Fish/cod-liver oil	2 to 3gm 2x/d

Reduce dose, take less if day drowsiness. Not for pregnancy/ breastfeeding /child.

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10/09

17/08

28/07