

ALL VITAMINS

sales@healthspanlife.co.za

Building Sustainable Health

www.healthspanlife.com

contents mg per gm: Pure vitamin powder supplement in cornstarch- Vit B12 methylcobalamin 50mcg + folic acid 100mcg/gm
For vitamin deficiency; and may improve eg depression, immunity, Neuropathy, bones, memory, circulation
Made in RSA to Good Manufacturing Practice.
Toxicity: none. Expiry 2 years from date on tub.
Doesnt diagnose or treat illness.
Please inform your doctor.
Keep out of reach of children.

Store sealed in a cool dry place. Stir & shake regularly

DOSE: Up to 4ml 1tsp a day in water/juice.
Ideally take with



Designed by medical specialists.

Complete 3 phase multi nutrient pack.

VIT B12 0.05% + FOLIC ACID 0.1%

Vegetarian Powder Blend 60gm=90ml
Boosts your body

AntiAging Blend	2.8 gm 2x/d
Enhanced Vitamin C	1 (to 3) gm 2x/d
Fish oil caps	2gm 2x/d

HealthSpan Life! Pty Ltd.

P O Box 2682 Clareinch 7740 South Africa
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Supplements aim to correct the nutritional deficiency disorders/ imbalances of all diseases/ aging, and treatment

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Contents mg per gm: AntiAging Blend 100; Vit B1, B3 niacinamide, niacin, B5, B6, B8, choline each 20; B2 4; B7, B9 0.2; B12 0.1; vit C 60; vit D 200iu; alphalipoic 10mg. bioflavonoid 40; cornstarch 160; zinc 10; calmag 150 Expiry 2 years from date on tub. May improve mood, memory & fatigue, muscle strength, circulation, neuritis, PMS, blood sugar control
Made in RSA to Good Manufacturing Practice.
Doesnt diagnose or treat illness.
Please inform your doctor. Keep out of reach of children.
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FOR-ENHANCED VIT BCo

Vegetarian Powder Blend 60gm=90ml
Boosts your body



Designed by medical specialists.

Complete 3 phase multi nutrient pack.

Store sealed in a cool dry place. Stir & shake regularly

DOSE: Start 1/2 ml scoop 2x/day in liquid/on food-increase up to 3ml 2x/day till better, then halve the dose. 1 usual tsp = 4 x 1ml scoops = 1/2 desertspoon.
Reduce or stop briefly if symptoms -dizzy, burning, diarrhoea etc- & resume at lower dose.
Ideally take with

AntiAging Blend	2.8 gm 2x/d
Enhanced Vitamin C	1 (to 3) gm 2x/d
Fish/cod-liver oil	2gm 2x/d

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Active contents mg per gm: Vitamin C 500mg + citrus bioflavonoid 500mg per gm.
The product conforms to Good Manufacturing Standards and is suitable for Vegetarians. Contains no gluten, no lactose and no synthetic preservatives or colourants. Self-buffers when dissolved with the AntiAging Blend.

Enhanced Vitamin C Ascorbic Acid

Boosts your body's immune capabilities.



Designed by medical specialists.

Complete 3 phase multi nutrient pack.

Recommend use as Complete 3 Phase multinutrient pack with Fish Oil & AntiAging Blend. Add to sensible diet.
Supplements aim to correct the nutritional deficiency disorders/ imbalances of all diseases/ aging, and treatment

Dose: Adults and children over 12 years of age: Take 500mg (1/2ml as measured with the measuring scoop) to 2 800mg (3ml as measured with the measuring scoop) twice a day or as prescribed by your caregiver. During pregnancy: Below 1000mg may be taken daily or as prescribed by your caregiver. Store sealed, below 25°C, away from light & moisture. Keep out of reach of children.
Build up slowly to avoid diarrhoea

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P O Box 2682 Clareinch 7740 South Africa
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100gm Enhanced Vit C

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Contents mg per gm Highly recommended anabolic nutrition supplements. Content per gram: vit D3 10 000iu/gm, 250mcg/gm in cornstarch 400mg calcarb 250 magcarb 250mg supports healthy diet against fractures, cancer, weakness, vascular disease, infection, obesity, diabetes, chronic weakness/fatigue. Not required if you get plenty of sunshine and dairy products. *Gross excess can cause kidney stones/ damage, vascular disease, vomiting, coma and death. 40 000iu/day long term may cause stones.* Made in RSA to Good Manufacturing Practice. Expiry 2 years from date on tub. Vegetarian - no flesh products.
Please inform your doctor. Keep out of reach of children.

Store sealed in a cool dry place. Stir & shake regularly

Dose: 1/2ml scoop (3000iu)/day up to 5000iu 2x/day. 1 usual tsp = 4 x 1ml scoops = 1/2 desertspoon.
Always take with

VITAMIN D3

60g=100ml

10 000iu per gram in CalMag for *Boosts your body*



Designed by medical specialists.

Complete 3 phase multi nutrient pack.

AntiAging Blend	2.8 gm 2x/d
Enhanced Vitamin C	1 (to 3) gm 2x/d
Fish/cod-liver oil	1 tsp=4g/d

Powder Blend. Doesnt diagnose or treat illness.

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Contents mg per gm: Pure mixed vitamin E supplement in cornstarch.1gm = 250iu. Fat-soluble Antioxidant for circulation, immunity, joints, memory
Made in RSA to Good Manufacturing Practice.
Expiry 2 years from date on tub.
Doesnt diagnose or treat illness.
Please inform your doctor.
Keep out of reach of children.

FOR-VITAMIN E Mixed 25%

Vegetarian Powder Blend 60gm=100ml
Boosts your body



Designed by medical specialists.

Complete 3 phase multi nutrient pack.

Store sealed in a cool dry place. Stir & shake regularly

DOSE: Dose 1/4 tsp 150iu to 1tsp 600iu 1-2x/d in water/juice /on food. *Ideally take with*

AntiAging Blend	2.8 gm 2x/d
Enhanced Vitamin C	1 (to 3) gm 2x/d
Fish/cod-liver oil	2gm 2x/d

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