

Thiazides thia vs NEWER ANTI-HBP Rx

Reserpine r versus other Anti-HBP Rx

trials	YR public.	Number in trial	Mean length yrs	comparison	Study/trial	yr	number	Mean length yrs	comparison
(UKPDS	'98	1148	8	<i>captop=atenol</i>)	VA	'77	450	0.5	r >propranolol
UK MRC	85	17354	5.5	thia=propan	Japan	80	182	0.3	r>metoprolol
HAPPHY	87	4569	3.8	th = atenol	Kyle	80	367	1	r = propan
<i>MAPPHY*</i>	88	3234	4	<i>metop>thiaz</i>	VA	82	329	N/A	r =atenolol
TOMHS	95	902	4	th = all other	Osawa	84	107	N/A	r =diltiazem
SHEP	95	4736	4.5	th > atenol	Seedat	84	50	N/A	r =sotalol
STOP2	99	6614	5	th=ACEI/b/CCB	Komsuoglu	89	40	3	r =thiaz=aten
CAPPP	99	10985	6.1	th=capto	VA	90	690	1	r =metop
NORDIL	2000	10881	4.5	th=diltiaz	Maharaj	93	49	0.15	r >aten
INSIGHT	2000	6321	3.1	th > atenol	SHEP	95	4736	1.7	r >aten
ALLHAT	03	33357	5	th > atenol	Kronig	97	273	0.1	r =th =nitrendapine
CONVINCE	03	16602	3	th > atenol	Manyemba	97	32		r = nifedapine
					Griebenow	97	127	0.1	r+th >enalap
1985 to	2003	116703	4.3y	th=> all	1977 to	1997	7459	1-3y	r=>all other

*MAPPHY used 47mg/d HCT vs 170mg/d metoprolol ie gross excess HCT dose compared to the needed 6-12.5mg/day, and compared to the tolerated dose of metoprolol. (UKPDS is shown purely because it is the longest antiHBP trial ever, and the gold standard of all RCTs, in type 2 diabetics).